**2014**

**7:45-8:00 -** **Departure Gate** – Registration.

**8:00-8:30 -** **Flight Attendant Instructions** - A welcome to start the festivities with drinks and snacks.

**Featured Speaker: Carrie Adams, Silver Creek Leadership Academy**

**8:30-9:45 -** **Flight School**

**Senior Moms** - **Stepping out of the Control Tower -Eric Aguirre, Financial Aid Counselor , University of Colorado and Margaret Meek, Chair, From Nest to Wings** - budgeting and financial discussions (timing of bills, FAFSA filings, annual

Scholarships, ELF from P.E.O.)

-resource identification (from the University and high school)

-record keeping (what records does your daughter need-vs-you)

-college orientation for parents (what to expect, what to make sure you do)

-setting performance expectations with your daughter

-social media to follow

**Seniors -** **Successful Take-off - Julianna Hernandez, Coordinator, New Student Orientation, Metropolitan State University**

-your first year experience –(residence life, balancing activities, schedules, etc.)

-becoming your own advocate

-co-curricular involvement (balancing personal support, fun, and pre-professional groups)

-relationships (roommates, friends, social relationships, etc.)

-accessing help/asking questions

-setting expectations

-campus media to follow

-keeping all this in mind as you chose your future

**Junior Moms -** **Navigational Officer -Laura Olinger, College Search for Parents**

-setting college search parameters

-investigating options (school information searches, social media)

-what to expect on college visits

-what to ask as a parent on college visits (early admission, transfer credits, etc.)

-resource identification to assist in college decision making

-establishing decision parameters

-can rigorous courses help or hamper an entering college freshman

**Juniors -** **Testing Flight Simulators - Rebecca Chavez, Coordinator -Outreach and Enrollment Services, Front Range Community College**

-investigating options

-types of colleges/universities/technical training/Cottey College

-maximizing visits

-questions you can be asking

-Community College /transfer credit earned during high school

**Sophomores/Moms -** **Take Off and Landing Practice-Anne Marie Polich, Dream Actualizer**

-majors...what do you want to be when you grow up?

-questions you can be asking..and of whom

-the importance grades and course load in high school

-learning about yourself (How do you learn best?, what do you like to do?, what are your

greatest skills and what about your learning style still needs work?)

**9:45-10:00 -** **In-flight Snack and College Fair**

**10:00-11:15** **- Preparing to Take Flight**

**Senior Moms -** **The Air Beneath Their Wings - Margaret Meek, Chair, From Nest to Wings Committee and Julie McVicker, Senior Consultant Just ASK Publications and Development**

-helping them gain understanding/confidence as they move on their own

-dealing with them as they move through the process

-helping your daughter understand her strengths and support system

-developing a relationship based on your daughter becoming an adult

**Seniors -** **Filing a Flight Plan - Tamara Byrd, VP, Home State Bank and Emily Bell, University of Colorado Bursar's Office**

-budgeting and finances

-identifying scholarships/funding sources while in college

-Book buying strategies

-caretaking your money

-employment

-how much does it cost you to live?

-asking questions/identifying resources

**Junior Moms –** **Getting Clearance from the Control Tower - Eric Aguirre, Financial Aid Counselor, University of Colorado and Luther Powers, Counselor, Longmont High School** -role in college decision making

-understanding application timeline (early vs regular admission)

-gathering information on scholarships & finances

-dealing with them as they move through the process

-identifying resources – school guidance counselor and others

-finances (Roth IRA vs. College fund, scholarships, College Opportunity Fund)

--what is FAFSA and why do I need to know

**Juniors -** **Running the Pre-Flight Checklist - Carey McClure, Executive Director/College Planner, Collegiate Crossings**

-decision making - where to apply and why

-the application process timeline (early vs regular admission)

-collecting information for application, the Common Application

-recognizing realities

-practicality -vs- shooting for the moon

-finances (scholarships, employment, etc.)

-testing out/transfer options (AP, CLEP) (how to get the credit, what will transfer,

questions to ask the college)

**Sophomores/Moms -**  **Completing Flight School Requirements -Michael Sardinia, Counselor, Silver Creek High School**

-Practice testing (PSAT vs. PLAN)

-Scholastic testing (ACT vs. SAT)

-participation in dual credit/honors/CDC/focus programs/AP/Colorado Gold

-practical experience (job shadowing, employment. volunteer work)

-school district resources

**11:15-Noon -** **Watching Them Soar!**

**Senior Moms -** **Adjusting Your Flight Plan - Julie McVicker, Senior Consultant, Just ASK Publications and Development**

-focusing on you/filling the "hole"

-taking advantage of "you" time

-relationships at home

-relationship with daughter while gone

-preparing to let them go/pushing them out

**Seniors -** **Flying Solo - Toni Pickett, Jodi Wilson, Registered Dietitian, Carla Stein, Dean of Students, Front Range Community College**

-taking care of you

-time management

-personal safety tips

-health issues (identify caretakers, eating/sleeping, health related choices)

-knowing what you need to know (having a command of pertinent personal information)

-relationships (roommates and beyond)

**Junior Moms -** **Flight Attendant School -Margaret Meek, Chair, From Nest to Wings Committee**

-finding a balance in your relationship as the Senior Year approaches

-resources (school, family, church, organization, individuals)

-negotiation vs. arbitration (when are you the decider vs when do you ask the questions

necessary for your daughter to decide?)

**Juniors -** **Filing your Flight Plan -Barb Norrbom, Counselor, Skyline High School**

-time management

-essay writing

-references/letters

-filling out what is there now and setting goals for where you want to be

**Sophomores/Moms -**  **Earning your Wings - Lorraine Kirkland, Applicant Interviewer for Cornell University**

-building your high school resume/record keeping

-extracurricular activity choices

-collecting information

-determining who has what job (mom vs. daughter, who is responsible for what parts of the

college decision, application, selection process)

**Noon-12:10 –** **PRESENTATION OF THE GOLD STAR AWARDS 2014 - Anne Hovick, Chapter II President and Robyn Lang, Chair, Gold Star Committee**

**12:10 - 12:45 -** **Enjoying the View -** A last chance to get questions answered, hear other's experiences, and be energized for the work ahead.

**All faculty members available and Wendy Wilson, Colorado State Cottey College Committee, Claire Cherington and Sarah Austin, a mother and daughter who have survived the step to college.**

**Final - 26 Feb 2014**